



YOUTH COUNSELLING AND SUPPORT SERVICE

WHAT WE DO

We are a free and confidential counselling service.

We offer telehealth (phone and video) and face to face sessions.

WHO WE SUPPORT

Youth Counselling

Individual counselling for young people aged 13 - 25

Parent Support Sessions

Adolescent parenting skills, strategies and mental health information

Children's Counselling

Support for young people aged 10-12 with parent or guardian involvement when needed to support the counselling process



For more information or to request a service:

Call 9792 7279 to speak to an intake worker or Text 0417 347 909 with your name and number